



# ART PROGRAM

2025 - 2026

INTERMEDIATE LEVEL

*Palina*  
STUDIO



# Our Artful Journey Continues



We're so thrilled to welcome you to another exciting year of art! This past year, we truly expanded our creative horizons. We dived into the world of **3D with air-dry clay and textures**, deepened our understanding of **finer watercolors**, and brought captivating **figurative animal art** to life. We're incredibly proud of the progress and creativity showcased, and we're excitedly preparing for our new **exhibition at CMON this September!**

This year promises even more vibrant exploration. While my family had a challenging time last year, and we couldn't delve into art history as planned, I'm now healed, strong, and highly motivated to guide our young artists. Fresh from summer, we're ready to immerse ourselves in **art history**, uncovering the stories behind masterpieces. We'll also experiment with a diverse range of materials, including **pastels, collages, and mixed media**, and even touch upon the serene beauty of **Sumi-e inspired minimalist ink painting**.

Thank you for being such an integral part of our artistic community. Let's continue this incredible artful journey together!

*Palina P. Chavez*



# Highlights

- I. Celebrating with You My Growing Artistic Path
- II. Mindfulness through Art
- III. New art kit
- IV. Art World in iconic names, cultures & movements
- V. Diverse Mediums: Pastels, Collages & Mixed Media
- VI. New Horizons: Sumi-e Inspired Minimalist Ink Painting



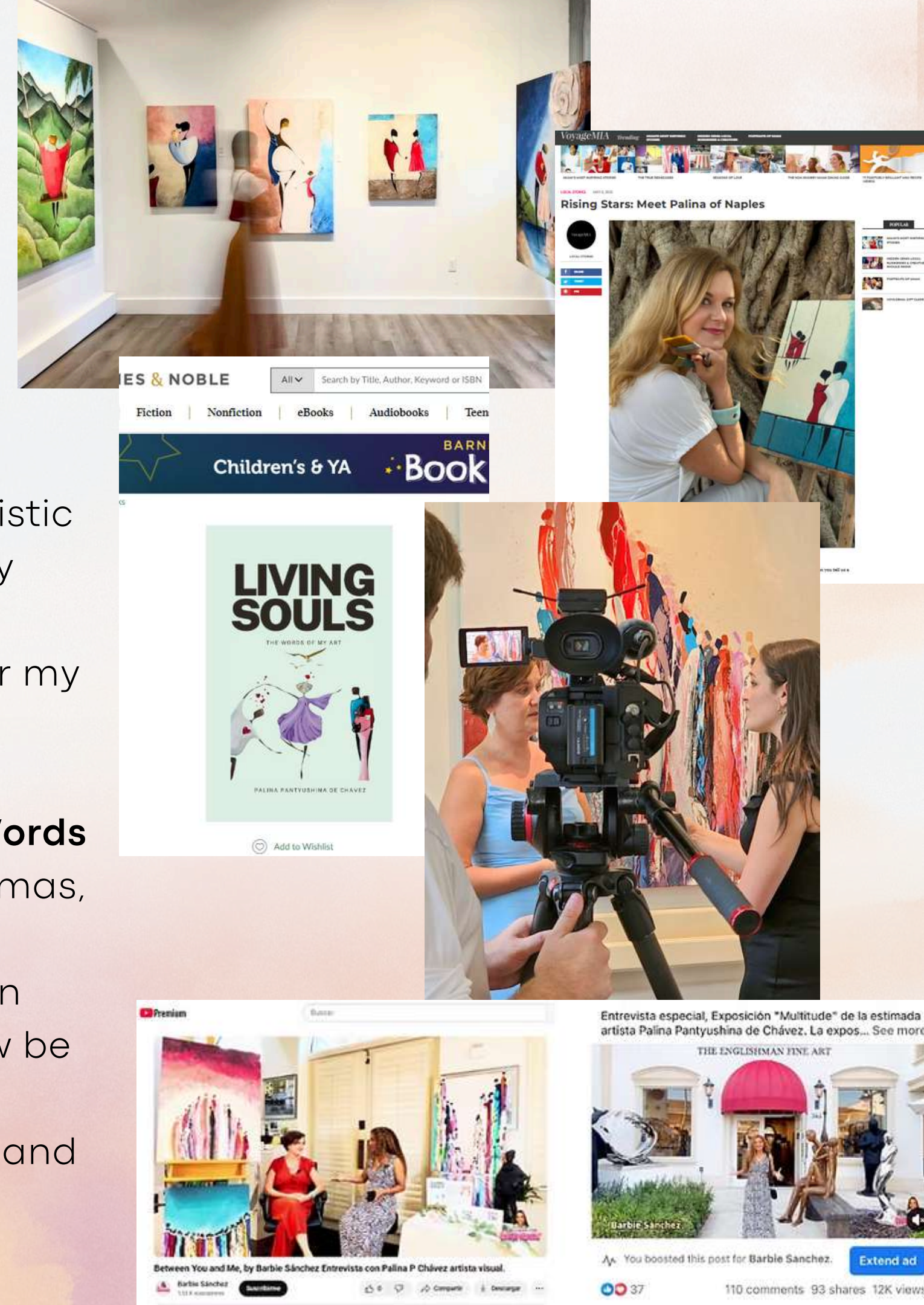


# I. Celebrating with You My Growing Artistic Path

I'm incredibly happy to share some personal milestones from my artistic journey this past year with our wonderful community. My art has truly found its stride, and the momentum is exhilarating! I hope my continuous growth inspires my little students to keep exploring under my guidance.

This year, I've proudly showcased my work in **two personal** and **two collective exhibitions**. I also **published my book, Living Souls - The Words of my Art**, and am developing an **Artful Homeschooling Book** for Mamas, which will become an online course.

My art gained attention on **Wink News** and in **Collect Art Magazine** in **Georgia**, and my story featured in **Voyage Miami**. I'm honored to now be a formal **LuxAcademy** art instructor and to have delved into **Art Therapy**. New horizons constantly unfold with my ongoing creations and public engagements!





# My approach: live the moment consciously

Being an art teacher isn't just about demonstrating techniques, copying, or coloring. It's a profound opportunity to shape the young, impressionable minds of children. I fully understand the responsibility this role carries, and I approach it with great care and intention. In my classes, we begin with breathing exercises to connect with our inner selves, calming the chaos of the outside world with soothing instrumental music. This helps us focus on our heartbeats, setting the tone for a mindful and creative journey.



breath



# My approach: enjoy the process

I'm incredibly proud of how our students have embraced the power of language and mindset in the studio. They've learned to reframe challenges, transforming "I can't draw a cat" into "I'm learning to draw a cat, and I'm enjoying the process." We'll continue to cultivate this skill, focusing on daily growth and celebrating the unique qualities that make each artist shine. By stepping away from competition and embracing self-awareness, our students develop healthy self-esteem and a positive mindset. It's truly inspiring to witness their boundless creativity flourish in an environment where inner peace is prioritized, and we'll carry on with this essential practice during all our art sessions.



connect



# Elevating Our Art Supplies

This year, we're building on our creative foundation with exciting upgrades to our art supplies! Each student will receive a brand-new, specially curated **art kit**. In our first class, we'll dive into the **PRO-level brush case** and set refreshing our artist vocabulary and exploring specialized techniques for each tool. Your "wonder bag" will also feature a watercolor paper pad, an eraser, and high-quality watercolor and acrylic paint sets. This year, all aprons will be **a vibrant red**, and for your artsy bag, you'll have the choice between a matching red or a natural sand color. Beyond our work with watercolor on paper and acrylic on canvas, we'll be expanding our horizons to include engaging projects with **pastels and ink**.





# Iconic names, cultures & movements

Dali, Van Gogh, Picasso, Kandinsky, Klimt, Matisse, O'Keeffe, Warhol, Kahlo, Chagall, Mondrian — sound familiar? Imagine discussing these legendary artists at the dinner table, along with the rich tapestry of **ancient civilizations** and pivotal **art movements**. Understanding the world's most influential cultures isn't just for art school graduates; it's a treasure trove available to everyone, and your children are about to embark on this enlightening journey with us. We won't just talk about art; we'll explore it together. We'll introduce your kids to iconic works and **cultural milestones**, guide them in analyzing and interpreting what they see, and empower them to **express their thoughts** and **emotions** through their own **unique creations** on paper or canvas.





# Periods & Movements

For each movement, we'll select key artworks from different artists and create our own interpretations, applying the specific stylistic elements we've learned. Our students will discover:

- Impressionism
- Cubism,
- Fauvism,
- Surrealism,
- Pop Art,
- Contempo

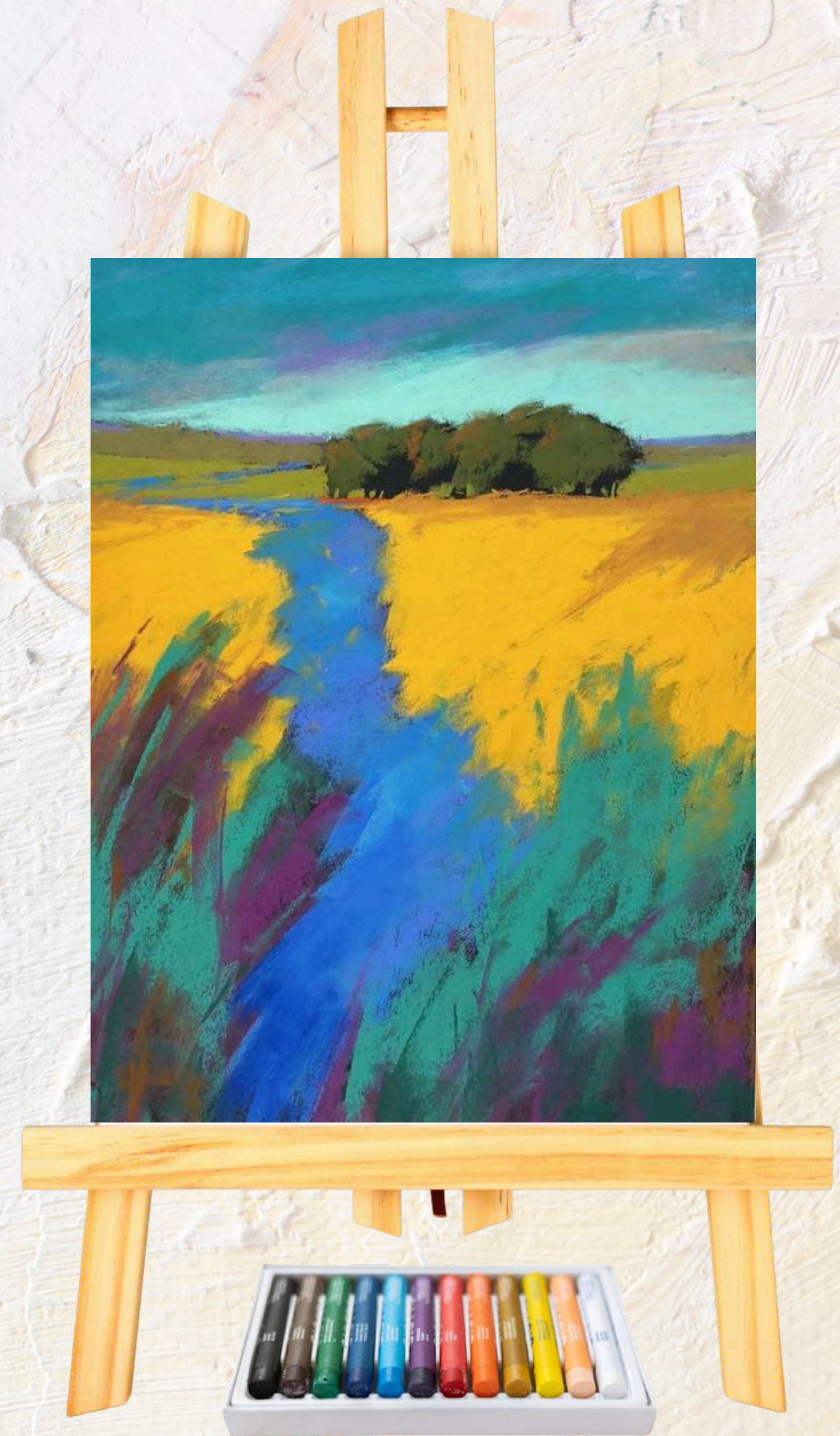


History



# Exploring Pastel Techniques

Our students will dive into the rich and versatile world of pastels. We'll explore various techniques, learning how to blend colors seamlessly, create vibrant layers, and achieve different textures. From soft, ethereal effects to bold, expressive strokes, pastels offer a unique way to bring our artistic visions to life on paper.





# Collages & Mixed Media

Our students will unleash their creativity through collages and mixed media. They'll learn to combine diverse materials, textures, and techniques to create rich, multi-layered artworks. From incorporating found objects and various papers to blending different paints and drawing tools, these sessions will encourage imaginative thinking and unique artistic expression.





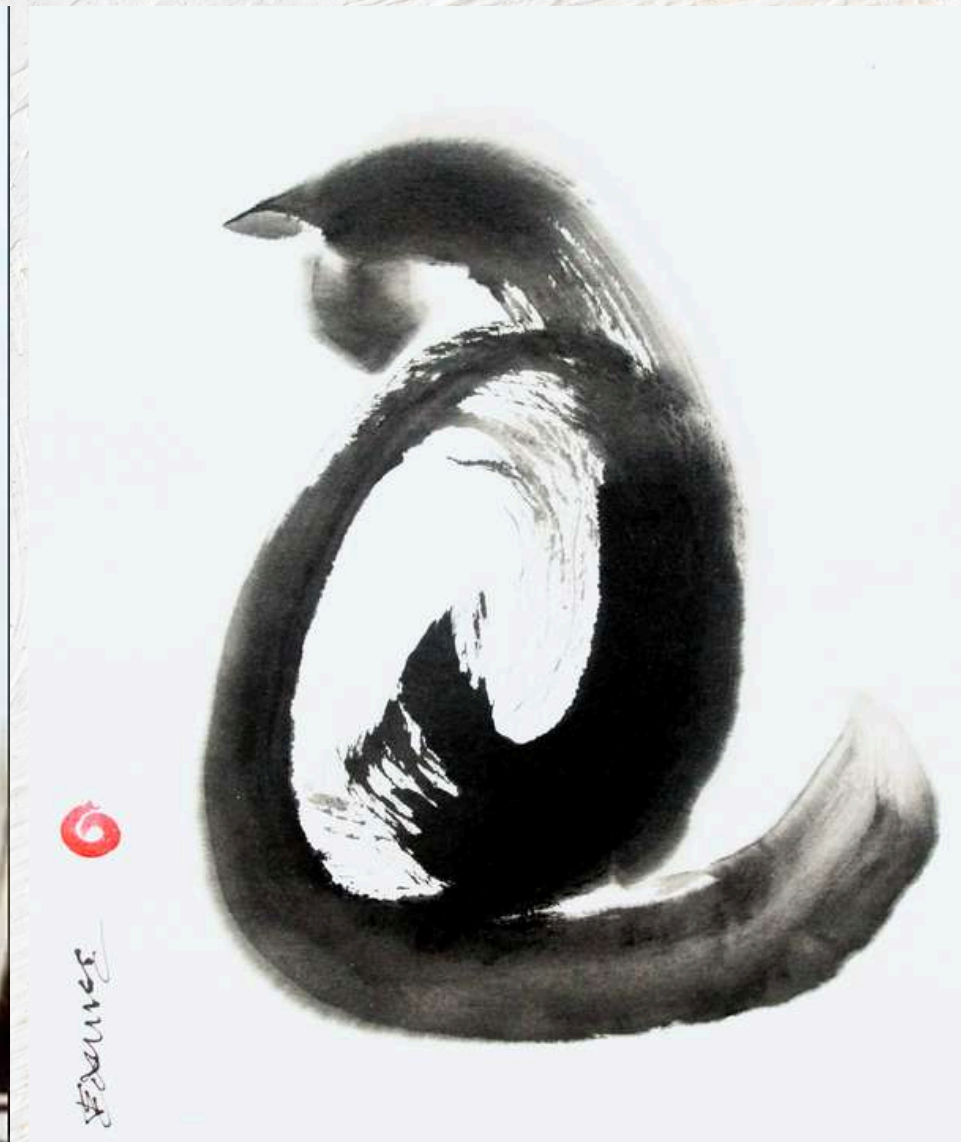
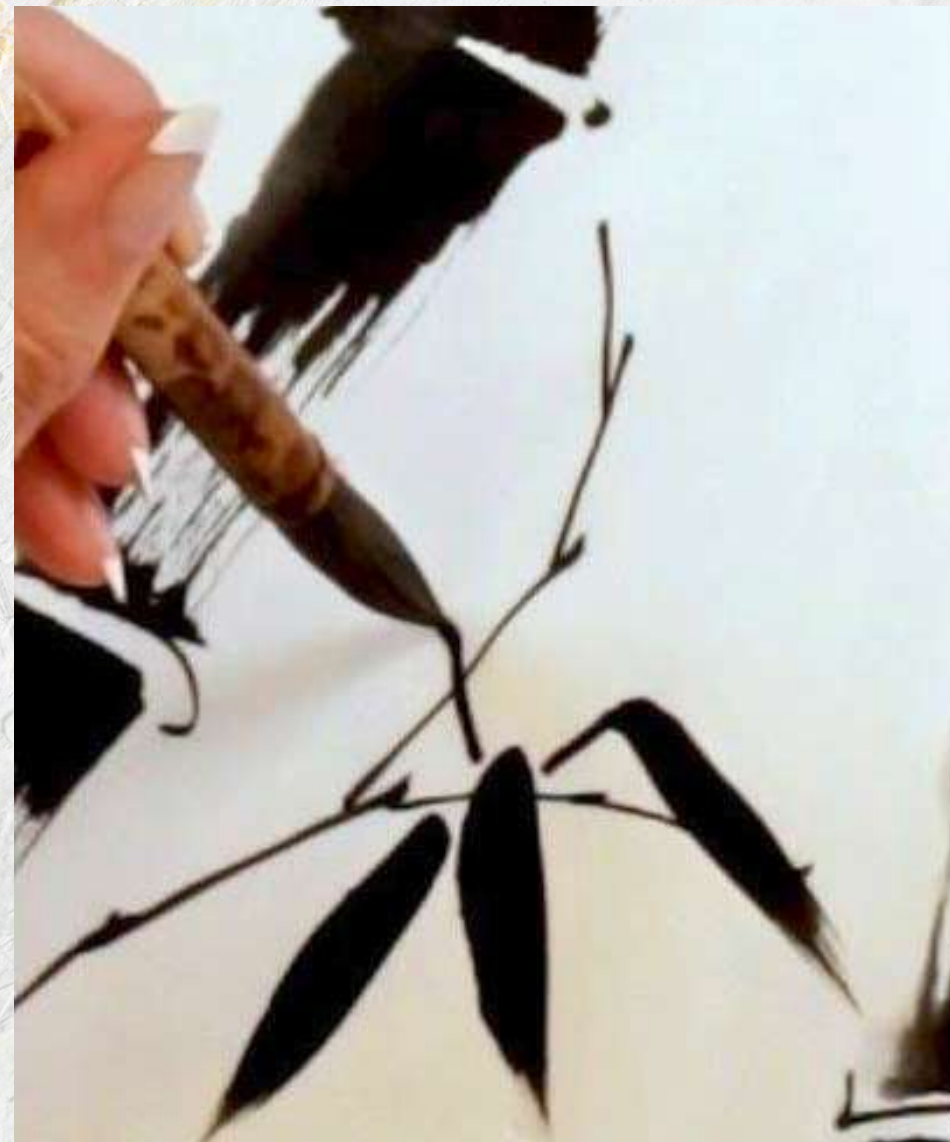
# New Horizons: Sumi-e Inspired Minimalist Ink Painting

Our students will explore the serene and expressive world of Sumi-e inspired minimalist ink painting. Originating from East Asian brush painting, this art form teaches capturing the essence of subjects with a few precise strokes, focusing on brush control, ink tonality, and the beauty of negative space. This unique approach encourages mindfulness and a deeper appreciation for simplicity in art.





# Sumi-e Inspired Minimalist Ink Painting





# It's all about motivation

As you all know, I love to showcase my students' work - it's one of my favorite things to do! But **what does an exhibition truly mean for an art student?**

It offers them the incredible opportunity to see their **hard work framed** and displayed in a **prestigious space**, like a museum. It's a moment of **pride**, where they realize **their significance** and feel empowered by the knowledge that **their parents are proud of them**. This **experience** fuels their desire to achieve even more.

By helping my students stand out and **shine**, I'm fostering their **confidence** - a crucial part of **my mission**.

This year, we're kicking off with an exciting exhibition showcasing all the progress our students made last year!

Join us for the Exhibition Opening on **September 10th at 4 PM**.





A woman with blonde hair is painting a wall with a large brush. She is wearing a white shirt and has a paintbrush in her mouth. The background is a textured wall.

See you soon!

Palina  
STUDIO



